

# CARPOOL SAFETY TIPS

Carpooling is great for the environment but can be tricky to navigate during COVID-19.

## Carpool Safety Tips

- Avoid vehicles in which the driver or other passengers are not properly wearing or using a mask. Masks should cover both the nose and mouth.
- Limit the number of passengers in a vehicle.
- Avoid carpooling with individuals not in your household or whom you do not live with.
- Carpool with the same small group only.
- Try your best to practice physical distancing. Sit in the backseat on the passenger side or as far away from the driver as possible.
- Improve ventilation. Roll down windows or set the air conditioning to non-recirculation mode.
- Avoid touching high contact surfaces including internal and external door handles, seatbelts and door frames. Wash your hands with soap and water or use an alcohol-based hand sanitizer as soon as possible after.
- Avoid drinking or eating in a vehicle to ensure your mask is appropriately worn throughout the duration of the ride.
- If you are the car owner, perform regular and routine cleaning to disinfect surfaces that are high contact points for hands.
- Clean surfaces after every journey, and when visibly dirty.
- Clean surfaces after driving an individual exhibiting symptoms or who are ill.

## Additional considerations for ride sharing and taxi services:

- Stay up to date about mask requirements and policies of ride sharing services:
- Uber – [uber.com/ca/en/coronavirus](https://uber.com/ca/en/coronavirus)
- Lyft (Toronto & Ottawa) – Visit [lyft.com](https://lyft.com) and search COVID-19 or download the free App
- Use contactless payment methods when possible.
- Use an alcohol-based hand sanitizer after handing money or helping others with personal items.

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